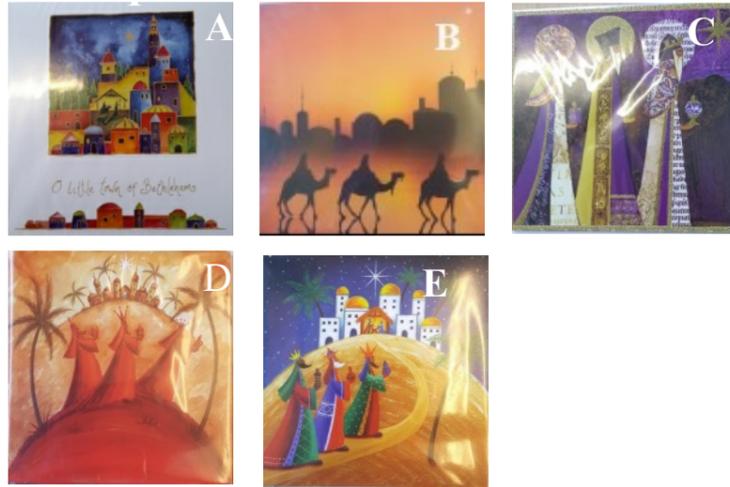


NLT Christmas Cards for sale!

It's hard to believe Christmas is only a few weeks away!

Although this newsletter is later than we intended, there is still time to get some stocking fillers and help make leprosy a thing of the past. *We pray that despite everything, you will all have a blessed Christmas.*



CARDS: A, B, C

14 cm x 14 cm
10 cards & envelopes
£4.50 per pack of 10 + p&p

CARDS: D, E

11 cm x 11 cm
10 cards & envelopes
£4.00 per pack of 10 + p&p

Little presents for Christmas



Key Rings

F, G, H, I, J, K

£3.50 each
+ p&p

Felt Ball Bracelet



£2.50
+ p&p

Contact: info@nlt.org.uk / 020 8940 1200 (note that the NLT office is not manned every day, but there is an answer machine. You can also call Mike on 07932 621391)

Speaking Team!

When things are back to normal, Enid and/or Mike would love to visit your church, school, club or group to share about the work of NLT and life in Nepal, and show you the NLT handicrafts made at our fair trade workshop!

If you are someone who prays for NLT, we send out a monthly prayer letter by email. If you do not use email, we can post it to you if you let us know. It will help to keep you more updated with events in NLT and in Nepal.

Twitter



NLT has a Twitter account!

See the tweets on our website or follow us at:

[@NepalLeprosyTr](https://twitter.com/NepalLeprosyTr)

If you would be happy to receive your copy of this newsletter by email to save NLT some postage, please let us know by emailing us at:
info@nlt.org.uk

Nepal Leprosy Trust, 10A The Vineyard, Richmond, TW10 6AQ (England)
Telephone: 020 8940 1200; Email: info@nlt.org.uk; Website: www.nlt.org.uk

(During the current situation, you can also telephone Mike on 07932 621391)

NLT is a company limited by guarantee (no. 4046961) and a registered UK charity (no. 1081952)

To unsubscribe from this newsletter, please email, phone, or write to us.

Nepal Leprosy Trust

Changing lives

The Work Goes On...

Life at Lalgadh Leprosy Hospital & Services Centre is still as busy as ever, with the usual mix of tragedy, joy and progress, in the middle of a pandemic that has greatly changed many of the rhythms of life at Lalgadh. On October 15th the Community team used Global Handwashing Day to help teach the local community about the importance of proper handwashing. This was very well attended, with some local politicians coming to lend their support as well.



Ravi Nepali, our Lab Manager is now using the new lab facilities for dermatopathology, considerably extending the lab's diagnostic capabilities. He is seen here explaining some processes to his colleagues. New equipment was provided by Indiana University, USA, which gave Ravi a six-week opportunity to study the techniques at their own labs.

A new dental chair was donated earlier this year, which had its inauguration in September with the help of an NLT Executive Board member, Mr Uttam, who is a dentist in Kathmandu. This chair will support another need amongst our visiting patients for affordable dental care, which is otherwise very expensive at local clinics. *(continued inside...)*



Goodbye Mildred

We were very sad to lose our precious Mildred, a much loved office colleague and friend of NLT, who passed away in September after struggling with cancer for several months.

Mildred brought her own brand of humour and love of life to the office, tinged as always with the love of Christ. She kept us all on our toes with her attention to detail and her puns,



and loved to share her latest artwork and bird sightings. She contributed so much to NLT over nearly 25 years of giving of her time and energy and talents, and we miss her sorely. But she was a gift from the Lord to us for a long season, and we are grateful. Now He has taken her home to be with Him to enjoy her new life there.



We do look forward to seeing her again - *thank you Lord so much for Mildred!*

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The Work Goes On... (continued from front page)

The new ultrasound machine is working well and allows better monitoring of pregnancies, as well as other medical issues such as deep complicated wounds, problems in kidneys, heart etc. There has been some staff training for this, and more will come when the pandemic is over.



A setback occurred recently when the relatively new Indian-made incinerator unit self-destructed. It is not clear what happened, and we are thankful no one was hurt, although the machine is a write-off. This is not an unusual problem. The unreliable power at Lalgadh sometimes causes equipment issues. And at least three telephone systems have been damaged by lightning over the years, as have several computers.



The core work of NLT remains the support and treatment of people affected by leprosy, and even during the pandemic we have many people coming for help. Recently an elderly couple called Marichmann and Radika Maya, whom we already support with a pension, were at Lalgadh for treatment and help. Marichmann is quite disabled by leprosy, having contracted it 40 years ago; but he did not receive effective treatment. When he first came to Lalgadh 25 years ago he was already badly damaged. He



is nearly blind due to leprosy, and his wife Radika had only been able to see out of one eye for two months due to a bad eye infection. Their house is in very poor condition, and they were short of food because local thieves had broken through the back of their house and stolen the food we had given them. Fortunately we were alerted to their situation and brought them to Lalgadh for some decent food, fresh clothes and medical care. Our ophthalmic assistant managed to clean up Radika's eye, and they are both doing much better now. We will look at improving their housing and keep a close eye on

them. Whatever else we do at Lalgadh, the heart of our work remains the treatment of leprosy and the support of people like Marichmann and Radika Maya.

You may remember the good news we recently shared about Mainudin and his marriage to Sakila at the end of last year. We have been informed that he has been diagnosed with cancer of the tongue and is due to have surgery after the Dashain holidays at Bharatpur Cancer Hospital. Please pray for Mainudin, as this is a hard blow after so recently finding some happiness with Sakila.



Wonderfully, Sasakawa Health Foundation (Japan) has agreed to fund further Covid relief work and health education, to be carried out by our Community team in vulnerable communities in Province 2. This follows on from pilot work already done by the team in the preceding months, and will see many more families in great need receiving help with food supplies.

So, despite many challenges and some setbacks, the work at Lalgadh continues to flourish and develop, providing vital services and support to communities where the need is great but resources are few. We are grateful to our wonderful staff and Dr Clugston who keep delivering these services with compassion and commitment, and to all who help to make this on-going work possible.

At Kathmandu, Kamal and his team have kept the workshops functioning despite the difficulties for travel for staff. Our main customers are Aura Que (www.auraque.com) and TLM, along with some USA sales. Local Kathmandu sales have reduced to almost none, so we are very grateful to our main customers. Please pray for more sales for our batik producers.

Thank you

Another Goodbye...

We were saddened to hear that some more key supporters from the early days of Lalgadh have passed on to glory. Dr Allan Bapty and his wife Tricia came out to Lalgadh in the late 1990s to help, when we were short of a doctor, and were a great help alongside Dr Dhuru who some of you will remember. Allan included some interesting stories from this time in Nepal in his recent book 'Episodes from the Life of a Medical Missionary'.

Remarkably, Allan and Tricia both died on the same day - 29th September 2020

NLT Bible Study Resource

One of our Trustees, Martin Davies, has developed a six-part Bible study series on Mark's Gospel, with help from Alan in our UK office. The studies take six 'views' of Mark's material and message, beginning with "Meeting Mark", and apply it to our lives. They also look at the connections with leprosy so that these notes are anchored to NLT's area of focus.

This series works well for small groups or a Christian Union, or could form the basis for lessons discussed from the front of a church.

People who have used them have found them interesting and challenging. They can be downloaded from our website under the 'Resources' heading. Give them a try and let us know what you think.

A Touch of Providence



This book has many wonderful photos and interesting reports from the early days of Eileen Lodge's work in Nepal. It gives fascinating insights into life in Nepal, as it describes the growth of NLT and

how Lalgadh grew to become one of the world's busiest leprosy centres.

Treat yourself or a friend to a copy for Christmas - only £10 including UK postage. (Discounts available for multiple copies)

World Leprosy Day

31st January 2021

World Leprosy Day is observed on the last Sunday in January and is an opportunity to bring attention to this neglected disease and its effects in many countries of the world. The timing was chosen to be close to the anniversary of Mahatma Gandhi's death on 30th January 1948.

Many people are unaware of the misery that leprosy still brings to thousands of lives, and much of NLT's work seeks to change that. If you would like to join us by holding a cake sale, coffee morning, or a short presentation in your church service or group, let us know. We can supply you with some pamphlets, photos and a presentation that you can use in your own setting. We will use all money raised to help leprosy affected people.

Lydia Children's Fund

We do apologise for the delay in the reports that we usually send out to child sponsors in late August. The pandemic situation in Nepal made the usual routines impossible to follow. However, reports for the children in Kathmandu are mostly here now and we will send out the remainder shortly. We are also following up the children in Lalgadh and their reports should also come soon.

The situation in Nepal has also made it more difficult for families seeking support to contact NLT, so we are waiting for more children to join. We are very grateful to every sponsor who provides support in this way, making a profound difference to young lives and providing a way out of poverty. If this is something you might be interested in, please get in touch. The cost is £15 per month

Run for NLT

NLT has six places reserved for runners in the next **Vitality London 10k** run, on Bank Holiday Monday, 31st May 2021. If you would like to run for NLT and help raise some much needed funds, please let us know.

NLT Trustee Martin Davies will be running for NLT in the Royal Parks Half Marathon in 2021 and needs sponsorship. All support welcome!

Laughing Classes



Recent reports have appeared in the national news on the benefits of laughter classes. It seems that even artificial laughter can release the same chemicals in the brain as real laughter and bring benefits. In a new 2-month study on a group of women who attended voluntary chuckling sessions, the women reported feeling less depressed and anxious than those who did not attend.

Meena Clugston has been conducting laughter classes for the inpatients at Lalgadh for several years now, and they seem to enjoy it - including the men. You can see the fun the ladies are having in the picture. It is good to be ahead of the scientists for a change, and to be reminded that some effective treatments are simple and easy to deliver.

"A merry heart does good, like medicine" (Proverbs 17:22) ☺